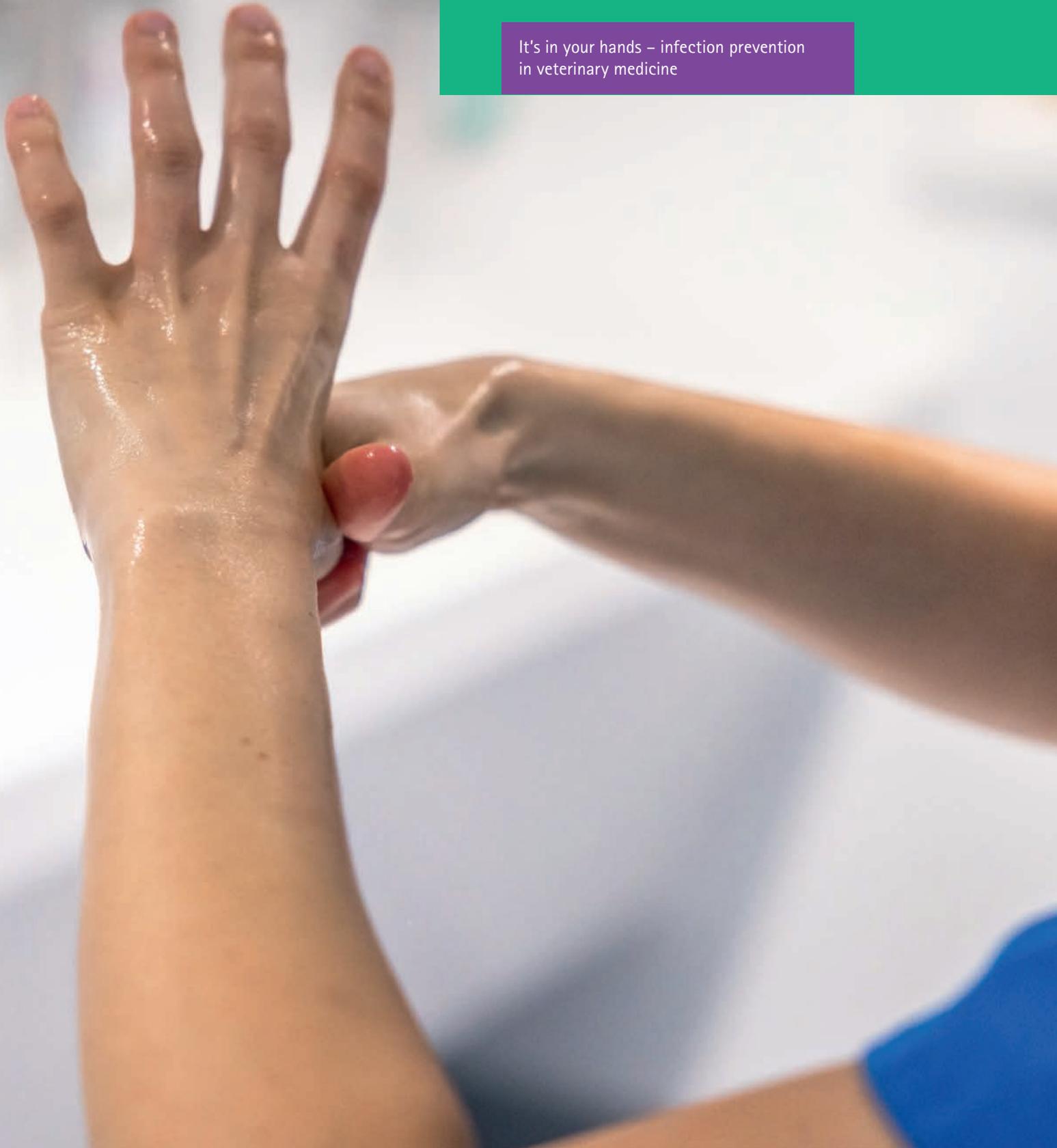




Hand washing

Step-by-step instructions

It's in your hands – infection prevention
in veterinary medicine

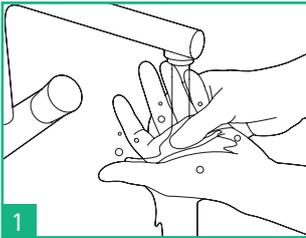


Hand washing

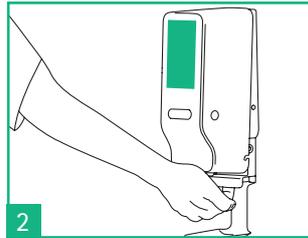
Wash your hands if they are visibly dirty!

Otherwise, use hand disinfectant.

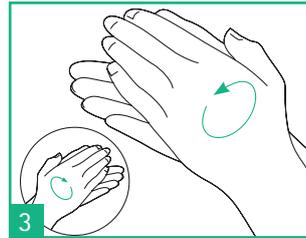
Total duration: 40 - 60 seconds:



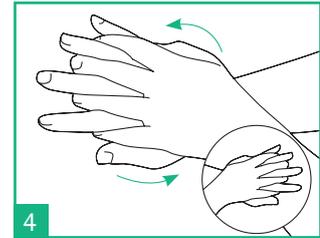
Moisten hands with water.



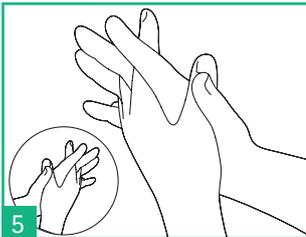
Apply enough soap to wet all surfaces of the hands



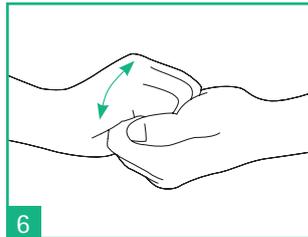
Palm to palm.



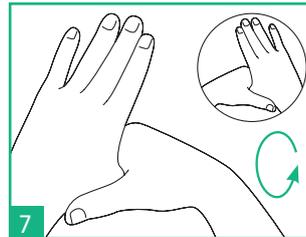
Right palm over left
Back of hand with fingers interlocked and spread and vice versa.



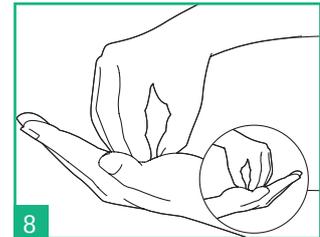
Palm on palm with fingers interlocked and spread.



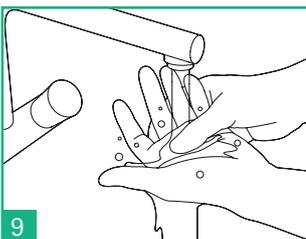
Outside of fingers on opposite palms with fingers interlocked.



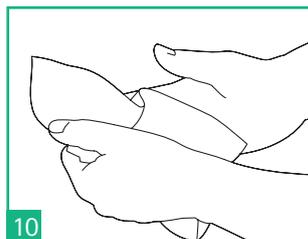
Rub the left thumb in a circular motion in the closed right palm and vice versa.



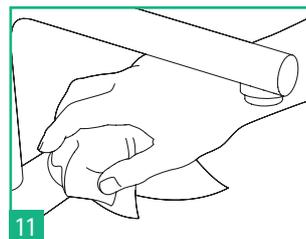
Rub back and forth in a circle with closed fingertips of the right hand in the left palm and vice versa.



Rinse hands with water.



Dry hands thoroughly with a disposable towel.



Use the cloth to turn off the water tap.



Your hands are now safe.